

SEWING UPCYCLING

- Upcycle clothing*
- Fabric and linens
- Sewing thread kit *
- Embroidery thread set of colors*
- Needles small/ big eye*
- Scissors*
- Seam-puller*
- Medium embroidery wheel *

Optional screen printing materials (to create your own design)

- Transparent film
- Screen printing squeegee
- Fabric ink paintings of your favorite colors.
- Gloves
- Rags or paper towels

**** Materials that each participant must bring.***